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As a senior consultant with GreenShield Health, Dr. Cohen specializes in leadership development and training, stress management, and assisting managers and their teams through organizational change and growth. He has consulted, trained, educated and coached thousands of managers and team members, drawing on insights from over 20 years of corporate experience as a manager and human relations consultant. Dr. Cohen proudly works with industry leaders across the country, delivering seminars on mental health in the workplace.