



Jesse Gavin M.A., CCWS

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Jesse Gavin has been the well-being director for Baylor College of Medicine (BCM) in Houston, Texas since 2014. BCM has won numerous awards within that time, including the 2018 WELCOA Well Workplace Award and 2019 C. Everett Koop Award, and BCM is routinely included in the Healthiest 100 Workplaces in America list. Jesse received a master's degree in fitness and human performance and is pursuing a doctorate degree in public health. Aside from his role at BCM, Jesse volunteers within various well-being groups and nonprofit organizations in the community. He served as co-chair for the Houston Corporate Wellness Group in 2015 and routinely works with the American Heart Association, MS Society, Houston Business Group on Health, and the Houston and Pasadena Livestock Show and Rodeo. Jesse speaks at national conferences on creating healthy workplaces, building connections among people and reducing employee burnout. Jesse's research interests include creating foundational and structural organizational changes to empower and engage employees.