



**Ashley R. Miller, M.P.H., NBC-HWC,
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Ashley R. Miller is a health leader working at the intersection of coaching, health care, and information technology. With over 15 years of experience in health and wellness, she has served as a coach, program manager, and operations manager. Ashley has explored the role of artificial intelligence (AI) in driving innovation in coaching during her tenure with Fitbit Health Solutions and Google. She has focused on integrating strengths-based communication in natural language processing (NLP). Recently, she worked at a generative AI startup to enhance clinical workflows and created language outputs to decrease physician and coach workloads by 15%. Ashley holds a bachelor of science degree and a master's degree in public health from the University of North Carolina at Greensboro. She is an Associate Certified Coach (ACC), a Certified Health Education Specialist (CHES), and a National Board Certified Health and Wellness Coach (NBC-HWC). Originally from Ohio, she calls North Carolina home. Ashley enjoys traveling and activities such as hiking and kayaking. She follows Dory's advice to "just keep swimming" as life is full of waves.