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Tracy Ziebell is an empathy-forward health care professional with 18 years of experience building and maintaining collaborative relationships and delivering empowering, outcomes-based health solutions. Her passion for patient equity in health care services drives her mission to provide compassionate, well-informed care. Tracy holds an M.A. degree in counseling psychology and is a National Board Certified Health and Wellness Coach as well as a Licensed Professional Counselor. She is a recent transplant to Charlotte, North Carolina, which is just hours away from where she grew up in rural Southwest Virginia. She is married to her favorite human and enjoys weight lifting, cooking, traveling, and any opportunity to move her body outdoors.